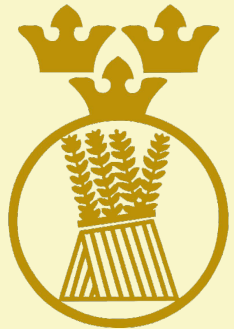


Buddy committee 2026



Chief Buddy



Name: Elvira Schackenborg Gudmundsson

Which program are you studying? Biology and Environmental Science

How can people reach you? Messenger or +46 73 807 36 48

Where are you from? Västervik

Best advice for the first year? Dare to try new things, and don't be afraid to talk to strangers! You never know who will become your closest friends.

Most fun event of the year? The småtting Weeks!!

Favorite committee besides the buddy committee? UFFE.

Favorite place on campus? The ping pong table.

How do you handle exam anxiety? Honestly, I'm still learning. Studying with friends helps, and it's reassuring to know there's always a chance to retake the exam.

What do you do the day before an exam? Alternate between studying, walking in the forest, and eating good food.

Favorite study snack? Cookies and Red Bull.

One thing you couldn't live without? Karin's frozen lasagna.

An emoji that describes you: 🍌

If you were a potato dish, which one would you be and why?
Oven-roasted potato wedges—crispy on the outside and soft and delicious on the inside.



1MC-buddy



Name: Linda Marklund Galarza

Which program are you studying? Agronomy - Soil and Crop Science

How can people reach you? Messenger or +46 76 068 76 86

Where are you from? Västerås

Best advice for the first year? Focus on developing good study habits and getting to know new people.

Most fun event of the year? The Songbook sittning

Favorite committee besides the buddy committee? IAAS.

Favorite place on campus? The Ecology Centre.

How do you handle exam anxiety? Panic.

What do you do the day before an exam? Study a little, then try to relax and get some sleep.

Favorite study snack? Coffee and fika at Logen.

Something you wish you had more time for? Learning to play different instruments.

Party trick? Dancing all night long.

One thing you couldn't live without? My headphones.

What did you want to be when you were little? A veterinarian.

If you were a potato dish, which one would you be and why? Crispy smashed potatoes.

LARK-buddy



Name: Sara Isacson

What program are you studying? Landscape Architecture

How can people reach you? Messenger or +46 70 017 18 83

Where are you from? Spånga

Best advice for first-year students? Put a little extra effort into the Geo & Hydro exams! For the studio course, you'll need to buy some of your own materials, so set aside some money for that right away.

Most fun event of the year? Pretty much all the sittningar, especially the viltmiddagen!

Favorite committee besides the buddy committee? KM and the Landscape Council

Favorite place on campus? The Student Union building.

How do you handle exam anxiety? KBK ("Keep Calm and Carry On") don't stress yourself out too much over a single exam.

Best study tip? Study with friends.

What did you want to be when you were little? A veterinarian, or working in my grandmother's garden.

An emoji that describes you: 🙌

If you were a potato dish, which one would you be and why?
Croquettes — tough on the outside, but warm and delicious on the inside. 😊

LING-buddy



Name: Rasmus Ask

What program are you studying? Landscape Engineering

How can people reach you? Messenger or +46 73 097 05 53

Where are you from? Skellefteå

Best advice for first-year students? Start studying the plants early. There will be a lot of them to keep track of.

Most fun event of the year? The Songbook sittning

Favorite committee besides the buddy committee? UD (the men's choir)

Favorite place on campus? Syltan, they have good and affordable food there.

How do you handle exam anxiety? I usually plan ahead to avoid exam anxiety, and when that doesn't work, I hide under my pillow.

What do you do the day before an exam? Hide under my pillow :)

Best study tip? Start early!

Favorite study snack? Anything sweet, salty, or sour.

What did you want to be when you were little? A paleontologist — I really loved dinosaurs.

If you were a potato dish, which one would you be and why? Boiled potatoes.





PolKand-buddy

Name: Emma Stadig

What program are you studying? Bachelor's Programme in Politics - Sustainable Development

How can people reach you? Messenger or +46 73 673 82 80

Where are you from? Göteborg

Best advice for first-year students? Don't stress too much about your studies, and make sure to join lots of fun activities.

Most fun event of the year? Kamraten!!!

Favorite committee besides the buddy committee? The Finance Council — Börspuben was 🍷

Favorite place on campus? The tables under the stairs or the Student Union building.

How do you handle exam anxiety? I start deep-cleaning or sorting through all my clothes or something along those lines.

What do you do the day before an exam? Plan the post-exam party.

Best study tip? Studocu (a lifesaver for Political Science) and studying together with others.

Favorite study snack? Homemade baked goods.

Something you wish you had more time for? Working more and having time for horseback riding.

Party trick? Running home from the student nations in high heels.

One thing you could never live without? My Garmin watch or my AirPods.

What did you want to be when you were little? A florist.





Landis-buddy

Name: Emmy Nordström

What program are you studying? Agronomy - Rural Development

How can people reach you? Messenger or +46 73 940 91 72

Where are you from? Skåne

Best tip for the first year? Make sure to have a lot of fun

Most fun event of the year? The Songbook sittning

Favorite committee besides the buddy committee? FiQ

Favorite place on campus? The Landis shelf

How do you handle exam anxiety? The people around me end up dealing with it

What do you do the day before an exam? Eating good food

Best study tip? Study buddies

Best study snack? Coffee

One item you could never live without? My hair straightener

What did you want to be when you were little? A police officer

An emoji that describes you:





Biomiljö-buddy

Name: Adrian Forsberg

What program are you studying? Biology and Environmental Science

How can people reach you? Messenger or +46 72 297 40 45 (Swish works too)

Where are you from? Motala

Best tip for the first year? Enjoy everything the student union has to offer! The committees provide a smorgasbord of activities throughout the year!

Most fun event of the year? The Professor's Dinner

Favorite committee besides the buddy committee? The Spex

Favorite place on campus? The barbecue dock by the Fyris River

How do you handle exam anxiety? Deep breaths

Best study tip? Study together! SLU has exceptional group study rooms designed specifically for this.

Best study snack? Pretzel sticks

Something you wish you had more time for? Nature

One item you could never live without? Duct tape

What did you want to be when you were little? Full

An emoji that describes you: 🐾

If you were a potato dish, which one would you be and why? A potato cooked in the microwave — I could explode at any moment. 😊





Livsmedels-buddy

Name: Lovisa Erlandsson

Which program are you studying? Agronomy - Food Science

How can people reach you? Messenger or +46 70 275 56 16

Where are you from? Täby, Stockholm

Best advice for the first year? Give everything a little time! It's a huge adjustment moving to a new city, meeting lots of new people, and keeping up with your studies. You'll settle into it over time.

Favorite committee besides the buddy committee? KM - they do an amazing job organizing our formal dinners.

Favorite place on campus? Ulls House

What do you do the day before an exam? I do one final quick review of everything, then take it easy for the rest of the day.

Best study tip? Go to the lectures even if it feels like you don't understand anything at the time. Things make much more sense when you go back and review them later.

Favorite study snack? Swedish Winter Darkness, pajamas, and tea.

Something you wish you had more time for? Horses.

What did you want to be when you were little? More than anything, I wanted to be able to surf.

An emoji that describes you:





Agrek-Fadder

Name: Tyra Johansson

Which program are you in? Agronomy - Economics

How can people reach you? Messenger or +46 72 585 10 36

Where are you from? Falkenberg

Best advice for the first year? Have lots of fun!

Most fun event of the year? The Songbook.

Favorite committee besides the buddy committee? FIQ.

Favorite place on campus? The courtyard at Ulls House.

How do you handle exam anxiety? Exercise.

What do you do the day before an exam? Spend time with friends.

Best study tip? Never study the day before an exam, you'll just end up stressed and doubting yourself.

Favorite study snack? Swedish Fika.

Party trick? Drinking beer really fast.

What did you want to be when you were little? A teacher.

An emoji that describes you: 🥔

If you were a potato dish, which one would you be and why?

Mashed potatoes, because everyone likes them.





EoD-buddy



Name: Runa Ringström

Which program are you in? Ethology and Animal Welfare

How can people reach you? Messenger or +46 76 419 60 96

Where are you from? Hökarängen, Stockholm

Best advice for the first year? Ask every question you can think of. Enjoy Matthew Low's lectures and become best friends with Jenny & Lisa!

Favorite place on campus? Group Study Room 7.

How do you handle exam anxiety? I try to focus on making studying fun.

Favorite study snack? Dried fruit, especially mango and papaya.

Something you wish you had more time for? Nothing—I think this program has the perfect balance between lectures, assignments, and student life.

One thing you couldn't live without? My glasses. I'm basically blind without them.

What did you want to be when you were little? A zookeeper.

An emoji that describes you:

If you were a potato dish, which one would you be and why? Potato gratin with garlic and herbs! It's incredibly delicious, and potato gratin is perfect and goes well with almost anything.



Skogis-buddy



Name: Julia Pershagen

Which program are you studying? Forest Economics

How can people reach you? Messenger or +46 73 084 95 16

Where are you from? Dalarna

Best advice for the first year? Go to every lecture, borrow books from the library instead of buying them, and make the most of the Freshers' Weeks!

Most fun event of the year? The Songbook and Kamraten, but the småtting Weeks are definitely 10/10 too.

Favorite committee besides the buddy committee? Ultimat - locally produced food, of course!

Favorite place on campus? Amigo! The perfect place if you didn't have time to eat breakfast.

How do you handle exam anxiety? What's that?

Best study tip? Only study on weekdays and take a proper weekend off! Also, study at school with your classmates—it really helps when you can discuss things with others.

Favorite study snack? Foodora.

Something you wish you had more time for? Going to even more of the student union's fun pubs and lunchtime lectures.

Party trick? Predicting your future.

What did you want to be when you were little? A farmer, just like my dad.

Växtis-buddy



Name: Adam Carlsson

Which program are you studying? Agronomy - Soil and Crop Science

How can people reach you? Messenger or +4676 091 69 50

Where are you from? Sala

Best advice for the first year? Join in on all the activities you can and have energy for. You won't regret it!

Most fun event of the year? Sångboken

Favorite committee besides the buddy committee? BioM.

Student representation is really important, and it's a lot of fun too.

Favorite place on campus? At the Ecology Centre.

How do you handle exam anxiety? Study together, it helps!

What do you do the day before an exam? Taking a chill day, stress studying rarely works

Best study tip? Look at old exams, they usually provide a good overview

Something you wish you had more time for? Baking bread. I really enjoy that

One thing you couldn't live without? Headphones

What did you want to be when you were little? A baker





Djuris-buddy

Name: Amanda Sörensson

Which program are you studying? Agronomy - Animal Science

How can people reach you? Messenger or +46 72 322 21 43

Where are you from? Skåne

Best advice for the first year? Join as many activities as you have the energy for.

Most fun event of the year? The Songbook, including the pre-party.

Favorite committee besides the buddy committee? IF and the Animal Council.

Favorite place on campus? The courtyard at Ulls House on a sunny day.

How do you handle exam anxiety? Lots of chocolate.

Best study tip? Study and discuss the material in a group.

Favorite study snack? Chocolate-covered digestive biscuits.

What do you do the day before an exam? Study.

What did you want to be when you were little? A veterinarian.

If you were a potato dish, which one would you be and why?

Definitely a plate of fries—so good.





BING-buddy

Name: Sigrid Borg

Which program are you studying? Agronomy - Animal Science

How can people reach you? Messenger or +46 73 879 57 73

Where are you from? Skövde

Best advice for the first year? Join everything you have the energy for.

Most fun event of the year? The Songbook.

Favorite committee besides the buddy committee? IF.

How do you handle exam anxiety? I bake.

What do you do the day before an exam? Study and go for a run.

Best study tip? Start early.

Favorite study snack? Whatever I've baked.

Something you wish you had more time for? Looooong bike rides with lots of fika stops.

One thing you couldn't live without? My coffee maker.

What did you want to be when you were little? Work as a cashier at Gekås.

An emoji that describes you: Party- 🐜





EHUT-buddy

Name: Victor Lejon

Which program are you studying? Business and Sustainable Development

How can people reach you? Messenger or +46 76 009 54 14

Where are you from? Jönköping

Best advice for the first year? Talk to everyone and try to make new friends. Also, explore the city, Uppsala is beautiful!

Most fun event of the year? Oktoberfest, sittningar, and the ski trip.

Favorite committee besides the buddy committee? GN is a lot of fun.

How do you handle exam anxiety? I don't get exam anxiety, start studying early and make your courses the priority during the exam period.

Best study tip? Study with friends, you learn best together.

Favorite study snack? Giffjar.

Something you wish you had more time for? Nothing in particular. As a student, you actually have plenty of time.

What did you want to be when you were little? A train driver.

An emoji that describes you: 🤪

If you were a potato dish, which one would you be and why?
New potatoes.

