

# ULS WELCOMING WEEKS 2022



## Dear minions,

We are very happy to welcome you to SLU, Uppsala and our student union: **Ultuna Student Union (ULS)**! We are one of the committees responsible for arranging the welcoming weeks and are specifically responsible for you: master's students.

In this document, you will find everything you need to know about the welcoming weeks. If anything is missing or unclear, do not hesitate to contact us.

Please remember: participation in the activities is **voluntary**. You can join in all, some or none. We do **not** tolerate peer pressure, whether pressuring others to drink alcohol or to join in on activities.

Best regards,  
the International Committee (IC)

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# Welcome letter from the president of ULS



Foto: Jenny Svénnås-Gillner, SLU

## Hello new student!

Warm welcome to Campus Ultuna and SLU this autumn. My name is Jakob Larsson and I'm President of Ultuna Student Union. It is we in the student union who will organize your welcoming weeks this autumn.

The welcoming weeks are for you to have fun and get to know Ultuna and the students who are already studying here. Participation in our activities is not mandatory, but the more activities you choose to participate in, the more people you get to know!

When you arrive here at Ultuna on the evening of Thursday 25th of August, you have the opportunity to become a member of Ultuna Student Union. You can even before your first day at Ultuna become a member of the Union via our website [www.ultunastudentkar.se/en](http://www.ultunastudentkar.se/en). The membership fee of Ultuna Student Union is SEK 250 per semester or SEK 500 for an entire academic year.

Through the membership, you will amongst other things get access to the student union's sports association, choirs, and the opportunity to buy food from local actors. Members of the Ultuna Student Union also have the opportunity to apply for student housing through the Ultuna student housing foundation (SUSbo) and rent the union's lovely summer house, Arons Hus in central Båstad at a very favorable price.



Read more about the perks of being a union member:

<https://ultunastudentkar.se/en/bli-medlem/medlemsformaner/>

Sign up for a membership:

<https://ultunastudentkar.se/en/bli-medlem/bli-medlem-har/>

During the Welcoming Weeks, there are many opportunities for parties and various other activities. It is important to point out that all alcohol consumption is completely voluntary. No one will have to drink alcohol against their will and according to the custom at Ultuna, you always have the right to say no to alcohol. If you feel that this is not being done, or if you feel offended in any other way, you can talk to Emilia Mattsson (chairperson of the Master Committee), Ellen Dahlgren (chairperson of the International Committee) or to one of us on the union board.

There are many new impressions to you when you come here. New city, new home, new school and new friends. We in the student union are here for you as a new student. If you are curious about the Union, you can go to our website [www.ultunastudentkar.se](http://www.ultunastudentkar.se) and read more about our organization. If you have any questions, you can also email me at [uls\\_ordf@stud.slu.se](mailto:uls_ordf@stud.slu.se).

I hope you get some fantastic welcoming weeks as a new student at Ultuna.  
Once again, a warm welcome to SLU and Ultuna.

Ultuna Student Union through

**Jakob Larsson**

*President Ultuna Student Union 2022*

*Phone number: +4676-115 94 59*

*E-mail: [Uls\\_ordf@stud.slu.se](mailto:Uls_ordf@stud.slu.se)*

*Visiting address: Duhrevägen 6, 750 07 Uppsala*

*Post: Box 7074, 750 07 Uppsala*

*Web page: <http://ultunastudentkar.se/>*



## Members of the Ultuna Student Union board

**Jakob BÆSK Larsson**

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**Nathalie RADIAUNT Navarrete**

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**Alma Christensson**

Student Welfare Official

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Communication Official

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**Irma BONITET Sjöberg**

Secretary

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**Alice PEPSINUM Johnn**

Ninth member

[uls\\_9e@stud.slu.se](mailto:uls_9e@stud.slu.se)

*Read more about the union board and the responsibilities of the members using this link: <https://ultunastudentkar.se/en/om-uls-2/styrelsen/>*

# Get to know other students

The welcoming weeks gives you a great opportunity for getting to know other master's students, as well as exchange and bachelor's students.

To get in touch with other master's students, we recommend you to both join our Facebook group and join a buddy group!



## Join a buddy group!

We have set up a buddy system, where you and some fellow minions will be assigned to a group led by a buddy (an 'older' student).

Your buddy will create a chat for your group where you can get in touch with each other and ask any questions that you might have. Your buddy will join in on some activities during the welcoming weeks and help you and your group to get to know each other.

Sign up for a buddy group, free of cost, using this link: <https://forms.gle/emT5HMFpzRerdeHAA>

Sign up before Monday, August 22. If you miss the deadline, send an email to [uls\\_ic@stud.slu.se](mailto:uls_ic@stud.slu.se) and we will check the availability in the groups.

## Facebook group

We have created a Facebook group (SLU International Students HT2022) for all international students at SLU in Uppsala. In this group, we will post about activities and information that are relevant to you. You can also use this group to contact us and to connect with other master's students. Join by using this link: <https://www.facebook.com/groups/440935714514102>

Join us on  
Facebook!



# Information about the welcoming weeks

The welcoming weeks is a great way to start your studies at SLU in Uppsala. By joining in on the activities, you will get to know more about what it's like to study here, get to know other students, and have lots of fun.

We in the IC arrange the welcoming weeks together with the Masters Committee (MC, responsible for master students) and 'Fadderiet' (responsible for Bachelor's students). You can recognise the volunteers during the welcoming weeks by their shirt colours:



**Buddy:** responsible for welcoming a group of minions (says 'Buddy' on the back)



**MC:** responsible for the buddy system, giving information and arranging activities for Master's students



**IC:** responsible for the buddy system, giving information and arranging activities for exchange students



**'Fadder':** part of 'fadderiet', responsible for welcoming Bachelor's students



**'Bonusfadder':** part of 'fadderiet', helps the 'faddrar'



**ULS:** worn by the members of the union board (the text is written in a gold-colour)

During the welcoming weeks, you will also see some mysterious people running around campus: **the Odors**. You can identify them by the odd way that they dress. These are all-knowing and mighty people that are central figures during ULS welcoming weeks, and you will have several opportunities to see them.

Each Odor is related to a certain group of students (such as certain programmes). One of these Odors is specifically related to all minions (that is, all master's and exchange students).

As you will meet these Odors during the welcoming weeks, you need to be aware of certain rules that exist:

1. Do **not touch** the Odors
2. Do **not talk** to the Odors
3. Do **not mimic** the Odors




*Please remember that these dressed-up people is just for fun, if there is any part of this that makes you uncomfortable, please let us know.*



*FYI: There will be another student union (VMF, responsible for veterinary students) arranging activities during the same time, and they have their own mysterious people running around.*

# Schedule

For more information about what will happen during the different activities:  
see "[Information about activities](#)"

 Possibility to buy food
  Food will be served
  Bring your own food

When?

What?

Where?

## Monday 22 August

	Information from SLU	Zoom
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## Tuesday 23 August

	Information from SLU	Zoom
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## Wednesday 24 August

	Information from SLU	Zoom
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## Thursday 25 August

	Information from SLU	Campus
16.00	Meet up with buddies and information from IC and MC	Flagpole (next to union building, see <a href="#">map</a> )
18.00 	International Pub	Union building




## Friday 26 August

	Information from SLU	City centre
14.00	Trip to IKEA and 2nd hand stores	Right outside of IKEA entrance at Boländerna

## Sunday 28 August

17.00 	Grill	Rackarberget
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## Tuesday 30 August

7.00 	"Punschmorgon" and opportunity to buy tickets for the minion dinner and "Sångboksmiddag"	Flagpole
16.45 	"Saftkalas"	Gathering at the flagpole
19.00	Historical tour of campus	Aula, Undervisningshuset
(After the historical tour) 	Pub	Union building

## Wednesday 31 August

13.00	Tour of nations	City
17.00	Battle of Ultuna	Flagpole
19.00	Games with Protozoer (Veterinary students)	Flagpole
(After the games) 	Pub-crawl with VMF	Union building/VMF union building


## Thursday 1 September

17.00	Slektival	Gathering at the flagpole
(After the slektival) 	Pub	Union building

## Friday 2 September

18.00 	Grill and hike	Hågadalen, meet up at the parking place at Kung Björns hög
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## Saturday 3 September

11.00-13.00	Tresure hunt	City centre, meet up at Carolina Rediviva
17dk 	"Sångboksmiddag" (buy tickets on August 30, during "Punschmorgon")	Syltan
23:00-04.00	"Släpp" = party!	Union building



## Monday 5 September

Lunch	Last day to sign up for Profezzzor's invitations	
17.00 	Minion games	Flagpole
(After the minion games) 	Pub	Union building

## Tuesday 6 September


7.00 	Breakfast and preparing the throne and sled	Union building
17.00 	"Småttingprao" and dinner	Gathering at the flagpole

## Wednesday 7 September

7.00 	Breakfast and preparing the throne and sled	Union building
16.45 	Profezzzor's invitations (sign up deadline Monday 5 September)	Syltahallen




## Thursday 8 September

18.00	Dance battle	Centralstation
20:00 	Picnic	Ekonomikum

## Friday 9 September

16.45	Sled-race	Gathering at the flagpole
or		
17.00	Pick-nick and plays with buddies	Hill south of flagpole
(After the sled-race) 	Pub	Union building

## Saturday 10 September

16dk	Pre-drinks for the dinner	Courtyard of Ulls hus
18dk 	Miniondinner (buy tickets on August 30, during "Punschmorgon")	Syltan
23:00-04.00	"Släpp" = party!	Union building

Note that the schedule might change so stay updated on facebook or mail!



# Information about activities

## Information from SLU

Read more about it here:

<https://student.slu.se/en/studies/new-student/uppsala/ow-and-roll-call-autumn-2022-uppsala/>

## Meet up with buddies

Meet up with and get to know your buddy and buddy-group! This is a suggested time for the first meeting, if you miss it, you will still of course have the opportunity to be in a buddy group. At the end of this event, all buddy groups will gather at the Union for some information from IC and MC, after which the international pub will begin.

## International Pub and other pubs

At any union pub, you can buy food for a cheap price and hangout with other students.

## Trip to IKEA and 2nd hand stores

Meet up with us and the IC at IKEA for fika and then we will show you some 2nd hand stores in that area. You will have the opportunity to walk around freely and buy what you need while getting to know us and each other. Add what busses there are.

## Grill at Rackarberget

Bring your own food and beverages for an outdoor grill with both Master's and exchange students. And who knows, there might even be a surprise visit...

## Punschmorgon and buying dinner tickets

Play games and get to know the Odors. You will also have the opportunity to buy tickets for two dinners during the welcoming weeks: the Minion dinner 10/9 and the "Sångboksmiddag" 3/9. You can read more about these dinners further down on this list. If tickets are left, they will also be sold during lunch on the same day.

## "Saftkalas"

During this event, MC and IC will provide fika for all minions, but bring something to drink! You can also go fika with people studying your subject in Swedish, but you might have to buy fika from their faddrar.

## Historical tour of campus

This event will start in the Aula at Undervisningshuset, where some history about Ultuna will be read (If you don't speak Swedish, you will be given a translation of the story). After this, you will be paired up with a tour guide that (in English) will walk around campus, giving you a tour of its "history".

## Tour of nations

Nations (student organisations in central Uppsala that arranges activities and parties) are a big part of Uppsala student life, so take this opportunity to get a tour of the nations in the city centre and learn more about them! You could also take this opportunity to become a member of one.

## Battle of Ultuna

More games around Ultuna hosted by ULS IF - the sport's committee.

## Games with Protozoer

Even more games! This time you will get to play games together with the veterinary students = protozoer!

## Slektival

Get to know the Veterinary, Veterinary nursing and Engineering students also studying at Ultuna.

## Grill and hike in Håga

Experience some nature with us! We will together hike in Hågadalen/Nåsten nature reserve to a fireplace where we will have a grill. Bring your own food and beverages.

## Treasure hunt

Do different tasks in the city centre during this treasure hunt! A good way to have fun and see the city at the same time.

## "Sångboksmiddagen"

For this union dinner, all students are divided into their Swedish landscapes. While it is free of choice which landscape to sign up for, Internationals often sign up to join Gotland and Öland - this is also where you will find the chairperson of MC (Emilia Mattsson) for this dinner, so don't hesitate to join her! Before the dinner, you will have pre-drinks with your landscape at a location TBD, and also sit together with the same people at the dinner.

## Minion games

Get to know some other students while doing games led by different committees from the union. Wear comfortable clothing and bring a towel.



## Good to know about union dinners

- It officially begins at the union building where you will see the seating chart, put your coats in the wardrobe, get a free drink, and have the opportunity to buy shot-tickets (if you want a shot during the dinner).
- After a brief speech, everyone walks together to Syltan, where a 3-course dinner will be served. Remember: do not sit down until the Union song has been sung!
- It is custom during the dinners to sing songs. Most songs sung during a dinner will be printed out and put on the tables, but you can also buy a songbook from the Union, where you can find all the songs.
- Students will sign each others songbooks with messages that the owner of the book is not allowed to read until the day after the dinner. So remember to bring a pen!
- Once the dinner is finished, everyone will walk back to the Union building for the "släpp" - which is the name of the party following the dinner.
- You are welcome to join the party even if you did not attend the dinner, although then you will have to pay a smaller entrance fee (while the party is included in the dinner ticket)

## Sled-race and preparation

Come and see when the Odors compete against each other in a race with sleds, a so-called "kälkrace"! These sleds will have been prepared by the new students, and you - the minions - will get to prepare your very own sled! You will have the opportunity to prepare this sled, as well as a throne, for your Odor during some mornings the very same week, where we will also provide you with free breakfast.

## Småttingprao

Join the activities hosted by other committees to get a greater picture of what they are doing at the union. NB! Some committees may have their prao in Swedish only.

## Profezzor's invitations

The incredibly intelligent profezzors at Ultuna invite you to have dinner with them. Wear comfortable and warm clothes as you may be having an outdoorsy dinner.

## Dance battle

All new students meet up in the city centre to dance the Welcoming Weeks 2022 dance, which you will be introduced to and given the chance to practice at several activities before!

## Picnic

Following the dance battle, bring your food to the picnic in the park. You can attend only the picnic if you want to.

## Minion dinner

To finish off the welcoming weeks, join us for a dinner at Syltan! Before the dinner, IC, MC will meet up for pre-drinks location will be announced



# Wordlist

<b>AK, akademisk kvart (sv) / Academic quater (en)</b>	If the time on a schedule says 9, it means 9.15. If the time says 9.00, however, it means 9 sharp	<b>Inspektor (sv) / inspector (en)</b>	An SLU employee that works with the union, the position is currently held by Anna Wistedt
<b>Bonusfaddrar</b>	'Older' students that help the faddrar during the welcoming weeks	<b>Instution</b>	An organisational part of SLU, responsible for the education and research within a specific field
<b>Buddies</b>	'Older' students welcoming and guiding the minions	<b>Jourhavande ultunesare (sv) / Ultunesare on duty (en)</b>	Someone active in ULS that you can call and talk to whenever you need it
<b>DK, dubbel kvart (sv) / Double quater (en)</b>	If the time on a schedule says 18DK, it means you can arrive anytime between 18.00 and 18.30	<b>Jyns</b>	Viking who lived on campus 1000 years ago.
<b>Fadderiet</b>	Committee at ULS responsible for welcoming the småttingar	<b>Kronåsen</b>	Area with student housing north of campus (see map)
<b>Faddrar</b>	'Older' students welcoming and guiding the småttingar, part of fadderiet	<b>Kårhuset, kåren (sv) / Union building, the union (en)</b>	ULS building, the building on campus where the union is based and where the pubs are held
<b>Fakultet (sv) / Faculty (en)</b>	An organisational part of SLU, responsible for the education and research within several fields	<b>Kårkansliet, KK</b>	Reception at the union, they are open 12:15-13:00 every day
<b>Funktionär (sv) / Volunteer (en)</b>	Someone engaged in ULS	<b>Kårleg (sv) / Student card (en)</b>	Also called Mecenat, can give you discounts and is your proof you are a union member
<b>Fyrisån (sv) / Fyris river (en)</b>	The river running through Uppsala and by the campus	<b>Kårnamn (sv) / Union name (en)</b>	If you have a position in the union with more responsibility you will be awarded a union name
<b>Gask or Gasque</b>	Another word for 'Sittning'	<b>MC, Master Committee</b>	Committee at ULS responsible for welcoming master's students
<b>Gälbo</b>	Area with student housing north of campus (see map)	<b>Minions</b>	New master's and exchange students
<b>IC, International Committee</b>	Committee at ULS responsible for welcoming exchange students		

<b>Nation</b>	A place for students to meet other students in the city center of Uppsala	<b>Syltan</b>	Restaurant at campus where ULS often have sittning
<b>Odor</b>	Dressed-up people running around campus during the welcoming weeks	<b>U-huset</b>	Abbreviation for Undervisningshuset
<b>Protozoer</b>	New veterinary students	<b>Ulls hus</b>	Building on campus where the service centre is
<b>Recentior /Recce</b>	New students at Uppsala University	<b>ULS</b>	Abbreviation for Ultuna Student Union
<b>Sångbok (sv) / Songbook (en)</b>	Book from the union with songs, bring it to sittningar	<b>Ultuna</b>	The area of Uppsala where SLU is located
<b>Sittning</b>	A dinner at the union, there are a few throughout the year	<b>Ultunesare</b>	Student at SLU Ultuna, but not in veterinary science
<b>Slekten</b>	Cooperation between ULS, VMF & UTN	<b>Ultunesaren</b>	ULS magazine for members
<b>SLUSS</b>	SLU:s united students unions	<b>UTN</b>	Union for engineer students
<b>Småttingar</b>	New bachelor's students	<b>Utskott (sv) / Committee (en)</b>	Groups within the union working with different parts of the organisation
<b>Spex</b>	Theatre play but with a twist typical to Swedish student's culture	<b>Viktor</b>	The union tractor, very beautiful! See picture below!
<b>Studieråd (sv) / Study council (en)</b>	Councils at ULS that work with educational monitoring	<b>VMF</b>	The union for veterinary students
		<b>VVK</b>	The committee at VMF responsible for their welcoming weeks. They are very colourful and have cool hair, hard to miss!



Viktor, the tractor. Photo by the Tractor committee.

# Information about the union

Ultuna Student Union (Ultuna Studentkår in Swedish or ULS for short) is an organisation driven by students for students. The Union's main mission is to conduct educational monitoring, but it is also a vital meeting place for students of different backgrounds to come together through social activities and work-life networking. Everyone, regardless of gender, sexual orientation, heritage etc., is welcome here.



During the welcoming weeks, you will be introduced to the union building, several of the committees and independent associations, and have the opportunity to become a member if you are not yet one.

The union building (on the picture) is located on campus (see the [map](#)) and is the location for many union activities, both during and after the welcoming weeks. You are always welcome here during weekdays to study, have lunch or just hang out. There are both microwaves and tables. Throughout the semesters, the registry offices are open on regular weekdays between 12.15-13.00, and they can help you with your membership, answer questions, you can buy Union merch, etc.

**Note that you are never allowed to bring your own alcoholic beverages in to the union building!**



## Social media and links

- Website of ULS:  
<https://ultunastudentkar.se/en/>
- FB-page of ULS:  
<https://www.facebook.com/UltunaStudentkar>
- FB-page for ULS pubs and dinners:  
<https://www.facebook.com/Pub-och-festverksamheten-p%C3%A5-Ultuna-studentk%C3%A5r-1644735799087991>
- ULS Instagram:  
<https://www.instagram.com/ultunastudentkar/>



# If anything happens

There are a lot of people you can turn to if anything happens. Here we have collected the most important contact information, including who to turn to for what.

## Information about the welcoming weeks and the union

### Ellen Dahlgren

Chairperson of the International Committee

+4676 833 33 05

uls\_ic@stud.slu.se

### Jakob BÆSK Larsson

President of Ultuna Student Union (ULS)

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### Nathalie RADIAUNT Navarrete

Vice-president of ULS

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### Alma Christensson

Social welfare official of ULS

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uls\_soc@stud.slu.se

## Ultunesare on duty

If you need someone to talk with about anything, whether big or small, call or send a message to an 'Ultunesare on duty'. They will not pass on what you are talking about to a third party, unless it is something that requires more professional support.

### Anna Wistedt, Inspector

+4670 543 05 03

### Emma Petersson, chairperson of 'Fadderiet'

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### Clara ANIMOBILLIST Kihlstrand

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## Union statues, policies and values

When participating in Union activities, there are statues, policies and values that all members or guests are expected to follow. These include our value system, as well as an alcohol and drug policy. If you ever feel or witness these important guidelines are not being followed, please contact either the Equal Treatment Committee (LikeU) at [uls\\_likeu@stud.slu.se](mailto:uls_likeu@stud.slu.se) or the Student Welfare Official at [uls\\_soc@stud.slu.se](mailto:uls_soc@stud.slu.se). You may also always contact anyone on the board or the Ultunesare on duty.

Link to all important documents:

<http://ultunastudentkar.se/en/om-uls-2/stadgar-policydokument-och-vardegrund/>

## Help from SLU

You can also read information from SLU about what to do if something happens (incl. information about student healthcare):

<https://student.slu.se/en/study-support/emergencies-and-incidents/>

Urgent danger

(Police, fire department, ambulance)

Call: **112**

Police, non-urgent

Call: **114 14**